



Riverside Elementary Breakfast Menu

4	5	6	7	8
LABOR DAY	WELCOME BACK	Nutri-Grain Bar <i>Fruit Juice Fresh Fruit Choice of Milk</i>	Trix Yogurt <i>Scooby Sticks Fruit Juice Fresh Fruit Choice of Milk</i>	Pillsbury Cinni Mini Pastry <i>Fruit Juice Fresh Fruit Choice of Milk</i>
11	12	13	14	15
Otis Spunkmeyer Blueberry Muffin <i>Fresh Fruit Fruit Juice Choice of Milk</i>	Trix Yogurt <i>Scooby Sticks Fruit Juice Fresh Fruit Choice of Milk</i>	Pillsbury Apple Fruedel <i>Fruit Juice Fresh Fruit Choice of Milk</i>	Kellogg's PopTart <i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i>	Bagel w/Cin.Crm Cheese <i>Fruit Juice Fresh Fruit Choice of Milk</i>
18	19	20	21	22
Froot Loop Cereal Pouch <i>Fruit Juice Fresh Fruit Choice of Milk</i>	Cocoa Puff Cereal Bar <i>Fruit Juice Fresh Fruit Choice of Milk</i>	Otis Spunkmeyer Apple Muffin <i>Fruit Juice Fresh Fruit Choice of Milk</i>	Pillsbury Mini Maple Pancakes <i>Apple Juice Fresh Fruit Choice of Milk</i>	WG Rice Krispy Treat <i>Animal Crackers Grape Juice Fresh Fruit</i>
25	26	27	28	29
Kellogg's Fudge PopTart <i>Cheese Stick Apple Juice Fresh Fruit</i>	Yoplait Yogurt <i>Cheese Stick Grape Juice Fresh Fruit Choice of Milk</i>	Bagel w/Strwb. Cr Cheese <i>Orange Juice Fresh Fruit Choice of Milk</i>	Trix Cereal Bar <i>Fruit Juice Fresh Fruit Choice of Milk</i>	Cin. Tst. Crunch Cereal Bar <i>Fruit Juice Fresh Fruit Choice of Milk</i>
		<i>State requires offering of 1 cup of fruit at breakfast. Additional fruit or juice will be offered at register.</i>	Note: <i>New paid meal price per State Regulations.</i>	Prices: Paid Breakfast \$1.30 Reduced \$.30 Free \$.0

Breakfast in the Classroom

COST

Free.....0
 Reduced.....\$.30
 Full Pay.....\$1.30

Just stop by the cafeteria when you arrive at school and Grab-a-Bag. It's that easy. Be sure to have the para-educator check your name off.

Fruit and Juice

What do you like? Fresh Apples?
 Oranges? Bananas?

Choice of Milk

Variety includes low-fat and fat-free choices.

Hello! My name is Ana.

Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.

